

According to Single National Curriculum 2020

One Nation, One Curriculum

3rd EDITION

Teacher's Resource Manual

Topline junior

SOCIAL STUDIES

Programme

features

- ✔ *Citizenship*
- ✔ *Economy*
- ✔ *Geography*
- ✔ *Atlas*
- ✔ *Government*
- ✔ *History*
- ✔ *Culture*
- ✔ *Photo Album*



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3-time recipient of Presidential Iqbal Award

Book



Topline Social Studies Book-1

(Teacher Resource Manual)

UNIT 1 (Me and My Family)

(B) Introduce yourself with the following statements.

The students should do this activity themselves.

(C) Collect information about your family.

The students should do this activity themselves.

(D) Write four sentences about your family.

The students should do this activity themselves.

UNIT 2: (My Friends and School)

(A) Collect information about one of your friends:

The students should do this activity themselves.

(B) Write three sentences about one of your friends.

1. Umair is my best friend.
2. He likes to play football.
3. He is very good in studies.

(C) Complete the following information about your school.

The students should do this activity themselves.

(D) Draw Picture of anything which you like in your school.

The students should do this activity themselves.

UNIT 3 (My country and anthem)

(A) Collect information from the lesson.

(B) Q1. What is the name of your country?

Answer 1: The name of my country is Pakistan.

Q2. Who is the founder of Pakistan?

Answer 2: Quaid-i-Azam is the founder of Pakistan.

Q3. What are the colours of our flag?

Answer 3: The colours of our flag are green and white.

(B) Put a tick (✓) after sentences that are true and a cross (X) after the ones that are false.

1. The national anthem is played on birthdays.X

2. The national anthem is played on the television and radio when the President or Prime Minister makes a speech.✓

3. The national anthem is played when our national team plays an international sports event.✓

4. The national anthem is played on sports day of every school.✓

(C) Can you correct the word written below?

ISLAMABAD

Project Work:

The students should do this activity themselves.

UNIT 4 (Speak Gently and Help Others)

(A) Match the following people with the places.

Teacher → School

Nurse → Hospital

Salesman → Market

Mother → Home

Farmer → Field

B. Write down things you can do to help the following.

1. **I help my teacher** by collecting all notebooks.
2. **I help my mother** by cleaning the dining table.
3. **I help my father** by bringing him water when he comes home.
4. **I help my friend** by sharing my books.
5. **I help my sister** by helping her with homework.

Project Work:

The students should do this activity themselves.

UNIT 5 (Be Careful)

(A) Put a tick (✓) after sentences that are true and a cross (X) after the ones that are false.

1. You should not leave your home or school without telling your elders.✓
2. In a society nobody helps each other.X
3. Your teachers do not help you.X
4. You should not go out with a stranger.✓
5. You should be careful when you go to a new place.✓

(B) Fill in the blanks with: I, tell, well

1. A stranger is someone **I** don't know.
2. I should **tell** my elders before leaving my home or school.
3. We should always treat others **well**.

(C) With the help of your teachers or parents, write down four rules which you should always follow in order to be safe.

Safety Rules

1. Always tell your parents or elders before going out.
2. Never talk to or follow strangers.
3. Never sit in a car with strangers.
4. Never take anything to eat or drink from people you do not know.

UNIT 6 (Traffic lights)

(A) Answer the following questions.

Q1. When should you cross the road?

Answer 1: I should cross the road at a zebra crossing when the red light is on.

Q2. What should you do when there are too many cars on the road?

Answer 2: I should ask an adult for help.

(B) Colour the correct light.

Red: The cars stop when this light goes up.

Green: The cars start to move when this light goes up.

Yellow: The cars get ready when this light goes up.

Blinking Yellow: The cars slow down but continue moving when this light blinks on a signal.

(C) Draw a line to match the cars with the signals:

I should go → **Green light**

I should stop → **Red light**

I should slow down → **Yellow light**

Project Work

The students should do this activity themselves.

UNIT 7 (Day and night)

(A) Collect information from the lesson.

Q1. Do you like day? Why or why not?

Answer 1: Yes, I like day because I can play in the park.

Q2. Do you like night? Why or why not?

Answer 2: Yes, I like night because I can see the stars and moon shine.

(B) Write your experience in the given box.

Activities at night

I do	Father does	Mother does
Brush my teeth	Watches news	Cooks dinner
Say my prayers	Checks his emails	Reads a book
Go to sleep	Goes to bed	Tell me a story

Activities in the day

I do	Father does	Mother does
Go to school	Reads the newspaper	Does housework
Play with friends	Drives me to school	Helps me with homework
Eat lunch	Goes to work	Goes out for shopping

(C) Write "day" or "night" on the pictures given below:

Picture (Day)

Picture (Night)

Picture (Night)

Picture (Day)

UNIT 8 (Sun and moon)

(A) Collect information from the lesson.

Q1. When does the sun rise?

Answer 1: The sun rises in the morning.

Q2. What will happen if there is no sun?

Answer 2: Without the sun the earth would become so cold and dark that no animal or plant could live on it.

Q3. What does the sun provide us?

Answer 3: The sun gives us heat and light.

(B) Tick the right answer:

1. yellow ✓

2. round ✓

3. east ✓

(C) Tick the correct Answer:

1. shape ✓

2. night ✓

3. sky ✓

4. light ✓

5. rocket ✓

UNIT 9 (Days, weeks and months)

(A) Collect information from the lesson.

Q1. How many months are there in a year?

Answer 1: There are twelve months in a year.

Q2. How many days are there in the month of January?

Answer 2: There are thirty-one days in the month of January.

Q3. How many days are there in the month of June?

Answer 3: There are thirty days in the month of June.

Q4. How many days are there in the month of September?

Answer 4: There are thirty days in the month of September.

Q5. How many days are there in the month of December?

Answer 5: There are thirty-one days in the month of December.

(B) Fill in the blanks.

The students should do this activity themselves

(C) Write the week days in the correct order.

1. Monday
2. Tuesday
3. Wednesday
4. Thursday
5. Friday
6. Saturday
7. Sunday

(D) Write the name of the month which comes after the given month.

1. January (Feb)
2. April (May)
3. June (July)
4. November (December)

UNIT 10 (Seasons)

(A) Write in the given columns when the four seasons start and end.

Season	Starts	Ends
Winter	December	February
Spring	March	May
Summer	June	August
Autumn	September	November

(B) Do a comparison of the two major seasons:

List	Summer	Winter
Dresses	Light and thin	Woolen and warm
Fruits	Apricot, plum, mango, peach	Apple, pomegranate, orange
Vegetables	Beans, okra, and squashes	Carrot, pear, and bell pepper
Activities	Outdoor activities	Indoor activities
Weather	Hot and rainy	Cold and dry

(C) Match the season with the words.

- Winter cold
- Spring flowers
- Summer heat
- Autumn falling leaves

Project Work:

Write the name of the correct season with each fruit. Your teacher or elders can help you.

1. Orange (Winter)

2. Mango (Summer)
3. Strawberry (Spring)
4. Pomegranate (Autumn)

UNIT 11 (Animals and plants)

(A) Collect information from the lesson.

Q1. Why do we keep pets?

Answer 1: We keep pets so that we can learn to love and play with animals.

Q2. Which animals are not suitable to keep as pets?

Answer 2:

>Lions

>Tigers

> Bears

> Snakes

> Wolves

> Crocodiles

Q3. Why should we care about animals and plants?

Answer 3: We should care about animals and plants because they are living things. Plants give us clean air to breathe and food to eat. Animals give us milk, eggs, and help on farms.

Q4. Name five animals each that can swim, fly or walk on land.

Answer 4:

	Swim	fly	Walk on land
1	Fish	Peacock	Horse
2	Crocodile	Eagle	Donkey
3	Ducks	Parrot	Lion

4	Octopus	Crow	Elephant
5	Hippopotamus	Pigeon	Monkey

(B) Imagine you are one of the zoo animals:

Your name: Momo the Monkey

Your look: I have a small face, long tail, and big ears.

Your colour: I am brown.

Your habits: I love to jump and climb trees. I eat bananas and nuts.

Your home: I live in a zoo in a big cage with trees.

Any other: I make funny faces and people laugh at me. I like when children visit me.

Project Work:

1. Create an observation sheet on your favorite pet animal?

Name: Cat (Mimi)

Look: Small and cute

Colour: White with black spots

Food: eats milk, fish, cat food

Habits: sleeps a lot, plays with a ball, purrs

Why do you like this pet? : It is soft, friendly, and loves to play with me.

2. Make your own photo album in your scrap book by pasting pictures of your favorite animals and plants.

The students should do this activity themselves

UNIT 12 (Changes Ages of a human being)

(A) Write the names of people who live around you in the blanks given below.

The students should do this activity themselves

(B) Given numbers to the following pictures in the correct order according to the changes in their appearances.

Baby (Bottom-left picture) → 1

Child (Top-right picture) → 2

Young adult/man (Top-left picture) → 3

Old man with glasses (Bottom-right picture) → 4

UNIT 13 (Some prophets of God)

(A)Collect information from the lesson.

Q1. Who sent the Prophets?

Answer 1: God sent the prophets.

Q2. What did the prophets do?

Answer2: The prophets guided the human beings.

(B)Draw lines to match the name of the prophet with the description.

Prophets	Correct Description
Hazrat Ibrahim (A.S.)	Built Khana-e-Kaaba
Hazrat Adam (A.S.)	First human being
Hazrat Musa (A.S.)	Received Torat
Hazrat Daud (A.S.)	Received Zabur
Hazrat Nuh (A.S.)	Built a ship
Hazrat Isa (A.S.)	Received Injeel
Hazrat Muhammad (PBUH)	Received the Holy Quran

UNIT 14 (Our Leaders)

(A)Match the names with the pictures.

The students should do this activity themselves

(B) Find out more about one of the leaders named in this lesson and complete the following form.

- Name: Quaid-i-Azam
- Date of Birth: 25 December 1879
- Date of Death: 11 September 1948
- Place of Death: Karachi
- Place of Burial: Karachi
- Achievement: He created Pakistan in 1947.

Project work:

Charts

Title: *Allama Iqbal – The Poet of the East*

Include:

His full name: *Dr. Allama Muhammad Iqbal*

Birth & Death: *Born: 9th November 1877 – Died: 21st April 1938*

Famous Titles: *Poet of the East, Mufakkir-e-Pakistan, Hakeem-ul-Ummat*

Key Contributions:

Inspired Muslims of the Subcontinent

Dreamt of a separate homeland (Pakistan)

Famous poetry promoting self-respect and hard work

Project Work

Poster Idea:

Title: *"Our National Heroes – Allama Iqbal"*

Combine his picture with the Pakistan flag and national symbols.

Greeting Cards for Special Occasions

Iqbal Day Greeting Card (9th November)

Front: *"Happy Iqbal Day – Remembering the Poet of the East"*

Inside Message:

"Let's follow Allama Iqbal's message of unity, hard work, and self-confidence."

UNIT 16 (Changes in the world)

(A) Collect information from the lesson.

Q1. How did people travel in the old days?

Answer 1: People travelled by horses, donkeys, camels, elephants, boats and ships in the old days.

Q2. How did people contact each other in the old days?

Answer 2: People contact each other by sending messages through messengers and pigeons in the old days.

Q3. How do people learn about the news nowadays?

Answer 3: People learn about the news through television and Social media, internet now-a-days.

(B) Place a mark after statements that are true.

1 Once there used to be lots of cars, buses, trains and aircrafts. ✗

2 Now-a-days people use telephones, cell-phones and internet to contact each other. ✓

3 People used to learn news through each other in the old times. ✓

(C) Draw pictures in the given space to show the following:

The students should do this activity themselves