Topline Junior
Social Studies
PROGRAMME

Teacher’s Resource Manual
Useful suggestions and additional information for effective teaching.

• About Me
• Living in a Society
• Earth Studies
• History
• Photo Album

TOPLINE PUBLISHERS
Karachi - Lahore
Introduce yourself with the following statements:

Answer:
I can run fast.
I can play football.
I don’t like dirty hands.
I don’t like melted ice cream.
I like going to school.
I like to play with friends.

Q1. What is the colour of your school uniform?
Answer 1: The colour of my school uniform is grey, green etc.

Q2. How tall are you?
Answer 2: I am (40inch, 39inch, 38inch, 42inch etc) tall.
Section A: The students themselves should do this activity.

Create family time line.
1. e.g: 4th June, 1981
2. e.g: 6th September, 1984
3. e.g: 31st July, 2006
4. e.g: 19th August, 2004
5. e.g: 8th December, 2008

Section B: The students themselves should do this activity.

Do comparisons:
Q1. Who is older in your family?
   Answer 1: My sister is older in my family
Q2. Who is younger in your family?
   Answer 2: My brother is younger in my family.

Write five sentences about your family.
1. My family has five members.
2. Mother and father take care of us.
3. There are two girls and one boy in my family.
4. We help each other in all our work.
5. We love each other very much.

Q1. Do you have grandparents?
   Answer 1: Yes, I have grandparents.

Q2. Who takes you to the park?
   Answer 2: My (grandmother, aunt, grandfather) takes me to the park.
Collect information about one of your friends.

This activity is very simple. The students can easily do it on their own.

* e.g: Afridi
* e.g: Arsalan Afridi
* e.g: Hina Afridi
* e.g: Six years old
* e.g: two elder
* e.g: two younger
* e.g: is to play with friends
* e.g: is to clean my room

Write five sentences about your best friend.

1. My best friend has a big family.
2. His grandparents live with him/her.
3. They all have dinner together.
4. They all help each other.
5. They all enjoy being together.

**Additional Activity**

**Q1.** What do you like best about your friend?
* Answer 1: My friend always helps me when I need help.

**Q2.** Do you share your things with your friend?
* Answer 2: Yes, I like to share my things with my friend.
Section A:
Complete the following information about your school.

**e.g:** The Green House School

**e.g:** Street # 17, Garden Society, Karachi.

**e.g:** Miss. Nadia

**e.g:** Mathematics

**e.g:** basket ball, foot ball, cricket, 100 meter race, table tennis.

Section B:
Write and illustrate 3 things you do in the school.
The students themselves should do this activity.

**Q1.** At what time does your school starts?
**Answer 1:** My school starts at 8 o’clock in the morning.

**Q2.** Is your school near your house?
**Answer 2:** Yes, my school is near my house.
   No, my school is far from my house.

**Q3.** How many students are there in your class?
**Answer 3:** There are 20 students in my class.
Activity A, B, C are very simple and can easily be completed by the students themselves.

Section A:
Circle the correct words.
1. Paper
2. Knowledge

Section B:
Write the name of your favourite book.
The students themselves should do this activity.

Section C:
What does your favourite book have? Circle the right word.
Let the students do it.

Q1. Where can we buy books?
   Answer 1: We can buy books from a book store.

Q2. Where do we go to borrow books?
   Answer 2: We go to library to borrow books.

Q3. What can books tell us?
   Answer 3: Books can tell us stories, poems and lessons.

Q4. What can books show us?
   Answer 4: Books can show us beautiful pictures.
Section A:
Answer the following questions.

Q1. What is the name of your country?
Answer 1: The name of my country is Pakistan.

Q2. Who is the founder of Pakistan?
Answer 2: Quaid-e-Azam is the founder of Pakistan.

Q3. What are the colours of our flag?
Answer 3: The colours of our flag are green and white.

Section B:
Can you correct the word written below.
NATISAKP
Answer: PAKISTAN

Section C:
Label and colour the given map of Pakistan.
This can be completed with the help of the map given on pg#11.

---

**ADDITIONAL ACTIVITY**

Q1. How many provinces does Pakistan have?
Answer 1: Pakistan has four provinces.

Q2. What is the name of the capital city of Pakistan?
Answer 2: The name of the capital city of Pakistan is Islamabad.
Answer the question.
1. Name the occasions when you sing the national anthem.
   Answer 1. We sing the national anthem every day during the assembly in our school and on 14th August.

2. Name other occasions when you hear the national anthem being sung or played.
   Answer 2. The national anthem is sung or played before the start of a game like hockey, cricket or football.

Put a (√) mark before sentences that are true and a (X) mark before the ones that are false.

1. x
2. √
3. √
4. x
5. √

Q1. Who wrote the national anthem?
   Answer 1: Hafeez Jalandhari wrote the national anthem.

Q2. Who composed the tune of national anthem?
   Answer 2: Ahmed Ghulam Ali Chagla composed the tune of the national anthem.
Draw line to the phrases with pictures given below. What should they say.

<table>
<thead>
<tr>
<th>Sorry</th>
<th>May I come in, please</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thank you</td>
<td>Thank you</td>
</tr>
</tbody>
</table>

Q1. When should you say thank you?
Answer 1: We should say thank you when someone gives us something or if they help us.

Q2. Is asking for permission good manners?
Answer 2: Yes, asking for permission is good manners.

Q3. How do you feel when someone is rude with you?
Answer 3: We feel very sad and hurt when someone is rude with us.
HELP OTHERS

Section A:

Write your observations of how people help others in the following places.

<table>
<thead>
<tr>
<th>Who</th>
<th>How</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our teachers</td>
<td>By teaching us.</td>
</tr>
<tr>
<td>Our parents and elders</td>
<td>By taking care of us.</td>
</tr>
<tr>
<td>Doctors and nurses</td>
<td>By examining us and giving us medicines.</td>
</tr>
<tr>
<td>The shopkeeper</td>
<td>By showing us all the nice things in the shop.</td>
</tr>
<tr>
<td>Our teacher and elders</td>
<td>By taking care of us so that we don’t get hurt.</td>
</tr>
</tbody>
</table>

Section B:

Write down things you can do to help:

I help my teacher by collecting all the exercise books.
I help my mother by keeping my things in their place.
I help my father by taking care of his things when he comes home from the office.
I help my friend by sharing my things.
I help my sister by taking care of her.

Q1. How can we help old people?
Answer 1: We can help old people by holding their hand when they walk and not making a lot of noise when they are having rest.

Q2. How can we help our neighbours?
Answer 2: We can help our neighbours by keeping our neighbourhood neat and clean.
TRAFFIC LIGHTS

Section A:

Answer the following questions.

1. When should you cross the road?
   Answer 1: You should cross the road at a zebra crossing when the red light is up.

2. What should you do when there are too many cars on the road?
   Answer 2: If there are too many cars on the road you should ask an adult to help you.

Section B:

This activity can be done with help of the information given on pg # 21.

Additional Activity

Q1. What are the three colours of the traffic lights?
   Answer 1: The three colours of the traffic lights are red, yellow and green.
Put your (√) mark after statements that are true.

1. √
2. ×
3. ×
4. √
5. √

Q1. Who is a stranger?
Answer 1: A stranger is someone you don’t know.

Q2. Where do people live?
Answer 2: People live in a society.

Q3. Should you open the door when you are alone at home?
Answer 3: No, you should not open the door when you are alone at home.
Section A: Answer the following questions.

1. Do you like day? If yes/no why?
   **Answer 1:** Yes, I like day because I can play in the park.
   No, I don’t like day because it is hot during day time.

2. Do you like night? If yes/no why?
   **Answer 2:** Yes, I like night because I can see the stars and moon shine.
   No, I don’t like night because I have to go to sleep.

Section B: Write your experience in the given box.

### Activities At Night

<table>
<thead>
<tr>
<th>I do</th>
<th>Father does</th>
<th>Mother does</th>
</tr>
</thead>
<tbody>
<tr>
<td>Watch T.V</td>
<td>Watch T.V</td>
<td>Watch T.V</td>
</tr>
<tr>
<td>Have Dinner</td>
<td>Read newspaper</td>
<td>Sets table</td>
</tr>
<tr>
<td>Change clothes</td>
<td>Has dinner</td>
<td>Has dinner</td>
</tr>
<tr>
<td>Brush teeth</td>
<td>Visit friends</td>
<td>Cleans Kitchen</td>
</tr>
<tr>
<td>Go to bed</td>
<td>Goes to bed</td>
<td>Relaxes before going to bed</td>
</tr>
</tbody>
</table>

### Activities in Day

<table>
<thead>
<tr>
<th>I do</th>
<th>Father does</th>
<th>Mother does</th>
</tr>
</thead>
<tbody>
<tr>
<td>Get up and wash up</td>
<td>Get up and gets ready</td>
<td>Get up and gets ready</td>
</tr>
<tr>
<td>Have breakfast</td>
<td>Has breakfast</td>
<td>Makes breakfast for every one</td>
</tr>
<tr>
<td>Go to school</td>
<td>Goes to work</td>
<td>Cleans the house</td>
</tr>
<tr>
<td>Play in the park</td>
<td>Meets many people</td>
<td>Cooks lunch</td>
</tr>
<tr>
<td>Do homework</td>
<td>Makes many important decisions</td>
<td>Does shopping for the family</td>
</tr>
</tbody>
</table>
Section A:
(✓) Tick the right answer:

1. Yellow ✓
2. Round ✓
3. Morning ✓

Section B:
Answer the following questions.

Q1. When does the sun rise?
Answer 1: The sun rises in the morning.

Q2. What will happen if there is no sun?
Answer 2: Without the sun the earth would become so cold and dark that no animal or plant could live on it.

Q3. What does the sun provide us?
Answer 3: The sun gives us heat and light.

Section C:

PROJECT WORK:
 Students can find pictures of daily activities such as gardening, drying clothes, farmers working in the field and crops growing in the field using sun light etc. These pictures can be pasted in their exercise books or on poster papers.
Section A

Put your (√) mark after statements that are true.

1. Shape  √
2. Night  √
3. Sky  √
4. Light  √
5. Rocket  √

Q1. When does the moon appear in the sky?
Answer 1: The moon appears at night.

Q2. Can anyone live on the moon? Why?
Answer 2: No body can live on the moon because there is no water or air.
Section A:
The students themselves should do this activity.

Section B:
What do you do on.

Sunday: Play games and have fun.

Friday: Go for Friday prayers.

Section C:
1. Monday
2. Tuesday
3. Wednesday
4. Thursday
5. Friday
6. Saturday
7. Sunday

Q1. How many days are there in a week?
Answer 1: There are seven days in a week.
Section A:
Q1. How many months are there in a year?
Answer 1: There are twelve months in a year.

Q2. How many days are there in the month of January?
Answer 2: There are thirty-one days in the month of January.

Q3. How many days are there in the month of June?
Answer 3: There are thirty days in the month of June.

Q4. How many days are there in the month of September?
Answer 4: There are thirty days in the month of September.

Q5. How many days are there in the month of December?
Answer 5: There are thirty-one days in the month of December.

Section B:
Write the name of the month which comes after the given month.
1. January ........February....
2. April ..............May.........
3. June ...............July.........
4. November ..........December.....
Section C:
Write the months according to the number of days in the given box.

<table>
<thead>
<tr>
<th>Months Have 30 Days</th>
<th>Months Have 31 Days</th>
<th>Month Has 28 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>April</td>
<td>January</td>
<td>February</td>
</tr>
<tr>
<td>June</td>
<td>March</td>
<td></td>
</tr>
<tr>
<td>September</td>
<td>May</td>
<td></td>
</tr>
<tr>
<td>November</td>
<td>July</td>
<td>August</td>
</tr>
<tr>
<td></td>
<td></td>
<td>October</td>
</tr>
<tr>
<td></td>
<td></td>
<td>December</td>
</tr>
</tbody>
</table>

Section D:
The students themselves should do this activity.

**ADDITIONAL ACTIVITY**

Q1. What do we call the year in which February has twenty-nine days?
Answer 1: The year in which February has twenty-nine days is called leap year.

Q2. How many days are there in the months of July and August?
Answer 2: July and August both have thirty-one days.

Q3. When does a leap year come?
Answer 3: A leap year comes once every four years.
SEASONS

Section A:
Write in the given columns when the four seasons starts and ends.

<table>
<thead>
<tr>
<th>Season</th>
<th>Starts</th>
<th>Ends</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter</td>
<td>December</td>
<td>February</td>
</tr>
<tr>
<td>Spring</td>
<td>March</td>
<td>May</td>
</tr>
<tr>
<td>Summer</td>
<td>May</td>
<td>August</td>
</tr>
<tr>
<td>Autumn</td>
<td>September</td>
<td>November</td>
</tr>
</tbody>
</table>

Section B:
Do a comparison of two major seasons:

<table>
<thead>
<tr>
<th>List</th>
<th>Summer</th>
<th>Winter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dresses</td>
<td>Light and thin</td>
<td>Woolen and warm</td>
</tr>
<tr>
<td>Fruits</td>
<td>Apricot, plum, mango, peach</td>
<td>Apples, pomegranates, oranges</td>
</tr>
<tr>
<td>Vegetables</td>
<td>Beans, okra and squashes</td>
<td>Carrot, pears and bell peppers</td>
</tr>
<tr>
<td>Activities</td>
<td>Outdoor activities</td>
<td>Indoor activities</td>
</tr>
<tr>
<td>Weather</td>
<td>Hot and rainy</td>
<td>Cold and dry</td>
</tr>
</tbody>
</table>

Q1. In which season do leaves fall off trees?
Answer 1: Leaves fall off trees in Autumn season.

Q2. When do flowers bloom?
Answer 2: Flowers bloom in the Spring season.

Q3. When can we see snow fall?
Answer 3: We can see snow fall during Winter season.

Q4. When does it usually rain?
Answer 4: It usually rains during the Summer season.
Section A:
Imagine you are one of the zoo animals:
Name: e.g: Peacock
You look: very colourful and beautiful
Your colour: blue, green, black
Your habits: like to dance when happy
You live: in the jungle & zoo

Section B: Answer the questions:
Q1. Why do we keep pets?
Answer 1: We keep pets so that we can learn to love and play with animals.

Q2. What are suitable animals to keep as pets?
Answer 2: Cats, dogs, parrots, rabbits, chickens, horses and other gentle animals are suitable for pets.

Q3. Why don’t we keep wild animals as pets?
Answer 3: Wild animals are usually very dangerous and cannot be kept as pets.

Q4. Name five animals each that can swim, fly and walk on land.
Answer 4:

<table>
<thead>
<tr>
<th></th>
<th>Swim</th>
<th>Fly</th>
<th>Walk On Land</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Fish</td>
<td>Peacock</td>
<td>Horse</td>
</tr>
<tr>
<td>2</td>
<td>Crocodile</td>
<td>Eagle</td>
<td>Donkey</td>
</tr>
<tr>
<td>3</td>
<td>Ducks</td>
<td>Parrot</td>
<td>Lion</td>
</tr>
<tr>
<td>4</td>
<td>Octopus</td>
<td>Crow</td>
<td>Elephant</td>
</tr>
<tr>
<td>5</td>
<td>Hippopotamus</td>
<td>Pigeon</td>
<td>Monkey</td>
</tr>
</tbody>
</table>

Section C: The students themselves should do this activity.
### PLANTS

<table>
<thead>
<tr>
<th>Name</th>
<th>Colour</th>
<th>Height</th>
<th>With/Without Flowers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coconut</td>
<td>brown / green</td>
<td>10 meters</td>
<td>without flowers</td>
</tr>
<tr>
<td>Rose</td>
<td>green</td>
<td>2 meters</td>
<td>with flowers</td>
</tr>
<tr>
<td>Guava</td>
<td>green</td>
<td>5 to 8 meters</td>
<td>with flowers</td>
</tr>
<tr>
<td>Mango</td>
<td>green</td>
<td>5 to 10 meters</td>
<td>with flowers</td>
</tr>
<tr>
<td>Fern</td>
<td>green</td>
<td>½ to 1 meter</td>
<td>without flowers</td>
</tr>
</tbody>
</table>

**Q1. What can plants give us?**

**Answer 1:** Plants give us fresh air, flowers and colour.

**Q2. What do plants need?**

**Answer 2:** Plants need water, sunlight and air.

**Q3. Why do people keep plants in their homes and gardens?**

**Answer 3:** Plants make our homes and gardens look beautiful and make us feel happy.
Section A:
Write the names of people who live around you in the blanks given below.

Some very young and cannot go to school: e.g: Saima, Imran
Someone who studies in school: e.g: Taha, Sohail
Someone who works in an office: e.g: Hina, Rehan
Someone who teaches at school: e.g: Ayesha, Amal
Someone who stays at home: e.g: Ibrahim, Hasan

Section B:
Give number to the following pictures in the correct order according to the changes in their appearances.

4 2 1 3 5

Q1. What do people do as they grow up?
Answer 1: People do different things according to their age, as they grow up.

Q2. What do people do after they complete their education?
Answer 2: People usually start working after they complete their education.

Q3. When do people become grandparents?
Answer 3: When people grow old they usually become grandparents.
Section A:

Q1. **Who sent the prophets?**
   **Answer 1:** God sent the prophets.

Q2. **What did the prophets do?**
   **Answer 2:** The prophets guided the human beings.

Section B:

Draw lines to match the name of the prophet with the description.

<table>
<thead>
<tr>
<th>Prophets</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hazrat Ibrahim (A.S)</td>
<td>The first human being</td>
</tr>
<tr>
<td>Hazrat Adam (A.S)</td>
<td>Received Injeel</td>
</tr>
<tr>
<td>Hazrat Musa (A.S)</td>
<td>Received Zabur</td>
</tr>
<tr>
<td>Hazrat Daud (A.S)</td>
<td>Built Khana-e-Kaaba</td>
</tr>
<tr>
<td>Hazrat Isa (A.S)</td>
<td>Received the Holy Quran</td>
</tr>
<tr>
<td>Hazrat Muhammad</td>
<td>Received Torat</td>
</tr>
<tr>
<td>(peace be upon him)</td>
<td></td>
</tr>
</tbody>
</table>

**ADDITIONAL ACTIVITY**

Q1. **What is the another name of Zabur?**
   **Answer 1:** The book of Psalms is another name for Zabur.

Q2. **Which holy book is the last book of God?**
   **Answer 2:** The Holy Quran is the last book of God.
Section A: 
Match the names with the pictures. 
The students themselves should do this activity.

**ADDITIONAL ACTIVITY**

**OUR LEADERS**

Q1. Who is the founder of Pakistan?
   Answer 1: Quaid-e-Azam is the founder of Pakistan.

Q2. Who helped Quaid-e-Azam in making Pakistan?

Q3. Who is our national poet?
   Answer 3: Allama Iqbal is our national poet.

Q4. Who thought up the word Pakistan?
   Answer 4: Chaudhry Rehmat Ali thought up the word Pakistan.

**HISTORICAL PLACES IN OUR COUNTRY**

Name the places. 
The students themselves should do this activity.

**ADDITIONAL ACTIVITY**

Q1. Where did the kings live in the old days?
   Answer 1: Kings lived in the Lahore Fort in the old days.

Q2. Where was Quaid-e-Azam born?
   Answer 2: Quaid-e-Azam was born in Wazir Mansion.

Q3. When did people live in Moen-jo-daro?
   Answer 3: People lived in Moen-jo-daro 5000 years ago.

Q4. Where is the Mahabat Khan Mosque?
   Answer 4: Mahabat Khan Mosque is in Peshawar.

Q5. Where is the tomb of Shah Rukn-i-Alam?
   Answer 5: The tomb of Shah Rukn-i-Alam is in Multan.
Section A:
Answer the following questions.

Q1. How did people travel in the old days?
Answer 1: People travelled by horses, donkeys, camels, elephants, boats and ships in the old days.

Q2. How did people contact each other in the old days?
Answer 2: People contacted each other by sending messages through messengers and pigeons in the old days.

Q3. How do people learn about the news now-a-days?
Answer 3: People learn about the news through internet, newspapers, radio and television now-a-days.

Section B:
Place (✓) mark after statements that are true.

1.  

2. ✓

3. ✓

Section C:
The students themselves should do this activity.